

# ICE Breaker

## DOCUMENTING LEVELS OF ASSISTANCE



*This ICE Breaker is designed to supplement your lecture on how to determine and document levels of assistance provided during a treatment session.*



### Watch

Assign this video for students to watch before, during, or after class: **IADLs: Washing Dishes While Standing**. In this 3-minute video, the clinician facilitates both upper and lower extremity control as the client washes dishes in standing.



### Practice

Challenge students to document this treatment session using SOAP note format.



### Discuss

Stimulate small or large group discussions with questions, such as:

1. What does it mean to document in an objective and measurable manner?
2. What are the Medicare requirements for documenting levels of assistance?
3. What level of assistance is required for this client to wash dishes while standing?



### Supplement

Consider using [the corresponding ICE Lesson Plan](#) which includes learning objectives meeting ACOTE/CAPTE standards and specific creative learning activities.



### Watch more!

Watch more videos on this topic by searching the ICE Video Library for these titles.

- **IADLs: Arranging Flowers While Standing**
- **Self-Care: Donning Shirt and Jacket**
- **IADLs: Making a Sandwich**