



Documentation Assignment: ICU Co-Treatment (Stroke)

Learning objectives:

By the end of this assignment, the successful student will be able to:

1. Document an OT/PT co-treatment for an individual s/p stroke who is currently in the ICU.
2. Reflect on the role of OT and PT in a co-treatment and what should be included in a co-treatment note.
3. Critically analyze documentation and provide constructive peer feedback.

Co-Treatment in the ICU

Use the following videos from the ICE Video Library to document your OT/PT co-treatment. Find the videos by typing the title in the search box. For example, type, "ICU, Co-treatment, Part 1" to find the first video.



ICU, Co-treatment, Part 1
3:57
The PT and OT work together in the ICU, demonstrating how to prepare the environment, equipment and monitors prior to patient treatment.



ICU, Co-treatment, Part 2
1:27
The PT and OT work together in the ICU, demonstrating how to prepare the patient for his treatment session.



ICU, Co-treatment, Part 3
1:38
The PT and OT work together, demonstrating bed mobility techniques (rolling, sidelying to sitting) with a stroke survivor in the ICU.



ICU, Co-treatment, Part 4
4:51
While PT and OT demonstrate how to work together with a stroke survivor on sitting balance in the ICU, an alarm signals a problem with one of his monitors.



ICU, Co-treatment, Part 5
5:13
While PT and OT demonstrate how to work together with a stroke survivor on sitting balance in the ICU, an alarm signals a problem with one of his monitors.



ICU, Co-treatment, Part 6
4:45
The PT and OT work together in the ICU, adjusting lines and monitors while preparing a stroke survivor for a two-person transfer from the bed to the chair.



ICU, Co-treatment, Part 7
2:17
The PT and OT reposition the stroke survivor in the chair and demonstrate proper positioning of the upper extremity, all in the ICU.



ICU, Co-treatment, Part 8
1:52
The therapist demonstrates oral hygiene and use of the suction catheter with a stroke survivor in the ICU.



ICU, Co-treatment, Part 9
4:17
The PT and OT work together in the ICU and demonstrate how to prepare the patient and the environment for a two-person transfer from the chair to the bed.



ICU, Co-treatment, Part 10
7:39
The PT and OT work together in the ICU and complete their treatment session by returning the patient to bed and reconnecting all lines and monitors to their original ...

Assignment Instructions

Treatment Note

In this video scenario, imagine that you are the OT who is treating Tom, a stroke survivor, alongside your PT colleague Sue. Using DocuLearn, write a SOAP note for your 18-min ICU co-treatment. Select your own date and time for the treatment (e.g., use today's date at 9am).

Assume that the short-term goals below are from his recent initial evaluation. Be sure to address progress towards these goals in your SOAP note. If all goals are met, add new goals. If they are only partially met (or only 1-2 are met), note progress in the A section. You do not need to write new goals in a treatment note if all goals are not met.

Within 1 week, pt will:

- 1. Don shorts with max A.**
- 2. Transfer EOB to chair with max A.**
- 3. Follow simple commands 3x's without cues.**

Remember to save your note to pdf. Your DocuLearn pdf will only include fields that you select. Since this is a treatment note (not evaluation), you do not need to include medical history or occupational profile. For this scenario, your O section should focus on these categories:

- **Cognition**
- **Occupations**
- **Mobility and Balance**
- **Persons Present During Session**
- **Client Status at End of Treatment**

Reflection Questions

1. What kind of set up was needed prior to initiating treatment?
2. What types of medical equipment does Tom have?
3. How did the therapists decide which side of the bed for Tom to get out?
4. How did the therapists ensure safety throughout treatment?
5. How did the OT and PT communicate and work together during and after the session?
6. What activities did you observe that gave you insight into Tom's cognitive level?
7. How can you infer and document Tom's pain level?
8. What goals and activities do you think would be good for Tom to work on in the next session?

Peer Feedback

- Bring your completed electronic SOAP note to lab.
- Prepare to swap notes with a peer to give and receive feedback.
- Use the Documentation Checklist on the next page to guide your feedback.