



# DOCUMENTATION ASSIGNMENT: ICU Co-Treatment (Stroke)

## Learning objectives:

By the end of this assignment, the successful student will be able to:

1. Document an OT/PT co-treatment for an individual s/p stroke who is currently in the ICU.
2. Reflect on the role of OT and PT in a co-treatment and what should be included in a co-treatment note.
3. Critically analyze documentation and provide constructive peer feedback.

## Co-Treatment in the ICU

Use the following videos from the ICE Video Library to document your OT/PT co-treatment. Find the videos by typing the title in the search box. For example, type, "ICU, Co-treatment, Part 1" to find the first video.



ICU, Co-treatment, Part 1  
3:57

The PT and OT work together in the ICU, demonstrating how to prepare the environment, equipment and monitors prior to patient treatment.



ICU, Co-treatment, Part 2  
1:27

The PT and OT work together in the ICU, demonstrating how to prepare the patient for his treatment session.



ICU, Co-treatment, Part 3  
1:38

The PT and OT work together, demonstrating bed mobility techniques (rolling, sidelying to sitting) with a stroke survivor in the ICU.



ICU, Co-treatment, Part 4  
4:51

While PT and OT demonstrate how to work together with a stroke survivor on sitting balance in the ICU, an alarm signals a problem with one of his monitors.



ICU, Co-treatment, Part 5  
5:13

While PT and OT demonstrate how to work together with a stroke survivor on sitting balance in the ICU, an alarm signals a problem with one of his monitors.



ICU, Co-treatment, Part 6  
4:45

The PT and OT work together in the ICU, adjusting lines and monitors while preparing a stroke survivor for a two-person transfer from the bed to the chair.



ICU, Co-treatment, Part 7  
2:17

The PT and OT reposition the stroke survivor in the chair and demonstrate proper positioning of the upper extremity, all in the ICU.



ICU, Co-treatment, Part 8  
1:52

The therapist demonstrates oral hygiene and use of the suction catheter with a stroke survivor in the ICU.



ICU, Co-treatment, Part 9  
4:17

The PT and OT work together in the ICU and demonstrate how to prepare the patient and the environment for a two-person transfer from the chair to the bed.



ICU, Co-treatment, Part 10  
7:39

The PT and OT work together in the ICU and complete their treatment session by returning the patient to bed and reconnecting all lines and monitors to their original ...

# Initial Evaluation Documentation Checklist

Please provide peer feedback by checking areas that need further attention below.

When finished, please **STAPLE THIS TO THE DOCUMENTATION NOTE AND SUBMIT TO INSTRUCTOR IN LAB.**

## HEADING:

|  |  |
|--|--|
|  | Includes a title such as "Occupational Therapy Treatment Note."  |
|  | Includes patient name, date of birth, medical record number.   |
|  | Includes information about the length, location, and purpose of the treatment session (either in the heading or as the first line of the Objective section). |

Comments:

## SUBJECTIVE:

|  |  |
|--|--|
|  | The note includes something significant that the client said about his treatment or condition. |
|  | Pain is addressed.   |

Comments:

## OBJECTIVE:

|  |   |
|--|---|
|  | Includes a summary of what was observed, either chronologically or using categories.  |
|  | Demonstrates professional, concise, and specific documentation.   |
|  | Focuses on the client's response to the treatment provided rather than on what the therapist did.   |
|  | Written from the client's point of view, leaving the therapist out.   |
|  | Includes objective, measurable information (specific about assist levels using FIM, cues, etc).   |
|  | Does NOT include judgmental statements.   |
|  | Uses only standard abbreviations.   |
|  | Includes information re: ADLs using appropriate FIM/GG scores.  |
|  | Includes information regarding mobility.  |
|  | Includes information about cognition (alert, responding appropriately, following commands, etc). Remember you don't have to do a formal test to OBSERVE cognition. Document exactly what you see but BE OBJECTIVE and without judgment. |
|  | EXTRA: Includes that the "Patient was left in bed with call bell within reach at end of evaluation."  |

Comments:

## ASSESSMENT:

|  |   |
|--|---|
|  | Includes update on progress towards goals (e.g., goals met, ongoing, good progress, goal #1 met)  |
|  | Includes a statement about client's strengths and a problem list regarding areas that need improvement. Problem list is not too vague nor too lengthy.                  |
|  | Notes client's potential for rehabilitation.  |
|  | Ends with recommendations for OT (e.g., "Client would benefit from continued skilled OT to address..." "Anticipate inpatient rehab needs upon d/c from acute care..."). |
|  | Also includes recommendations for adaptive equipment (such as drop arm BSC, walker).  |
|  | The information in the A section is supported by information (evidence) in the O section.   |
|  | A section is organized, to the point, includes all important points, and is easy to read.   |

Comments:

## PLAN:

|  |  |
|--|--|
|  | Specifies the frequency and duration of future OT sessions (e.g., "2x/wk for 4wks").   |
|  | EXTRA: Includes methods of treatment anticipated, such as therapeutic exercise, functional activities, education, ADL training in compensatory techniques and/or adaptive equipment. |
|  | Note is signed and dated by the occupational therapy student, including credentials "OTS."   |

Comments: