



Treatment Planning with ICE Videos

Instructions

The goal of this assignment is to demonstrate an understanding of OT treatment across a continuum of settings, based upon your hands-on fieldwork experiences, and how you would advance the treatment plan, and with patients with different diagnoses.

1. Choose 4 patients who are at different stages in their recovery
2. Create an abridged medical record for each patient
3. Create a treatment plan for each patient

1. Choose 4 Patients

Choose a total of 4 patients who are at different stages in their recovery, different levels of therapy, and/or in different treatment setting.

Note: The idea of Part 1 is to show how you would work across the continuum and how you would advance the treatment plan as the patient improves. So, even if the videos are not for the same patient, there should be enough similarity in the areas of occupation, and the deficits that need to be addressed in the videos you choose, to show how you could move a patient towards independence.

Part 1. Choose 2 patients for the continuum of care portion (*in step 3 you will do 2 different treatment plans for this section*)

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- a. These can be patients of different genders and ages, with similar deficit areas/impaired client factors/etc., who are in different stages of therapy/recovery
For example:
 - i. the video of one patient in the acute setting with (L) hemiplegia, cognitive and visual deficits, then
 - ii. the video of a different patient with (L) hemiplegia, cognitive and visual deficits in an outpatient setting; and then
 - iii. the create portions of the medical record (more below) would go with these patients (the demographics will not be the exact same)
- b. Combine the different patients into one person for the purposes of this assignment
- c. Make a log of the different video links you chose
- d. We want to see that you are analyzing the deficit areas and then planning treatments that are appropriate to address these areas in working toward independence

Part 2. Choose 2 more patients – these two should be different from each other and at a different functional level that the two in Part 1. For example, if you used ICU and Acute, these could be SNF and outpatient.

2. Create Medical Records

For each patient above create an abridged medical record. You may, with your supervisor's approval, use information from your FW experience; or create a patient's story based on the video you choose. Include enough information for your instructor to understand what happened in your session and determine if your plan is appropriate.

Note: You should use either the person's initials, or a pseudonym, or the person's first name (if it is not too unique) with your last name or initial.

- Name
- Age range
- Gender
- Diagnosis; include the physical deficit areas
- Medical History: include what is pertinent to the current diagnosis or may have a bearing on the person's therapy (i.e. HTN)
- Social History: what is relevant to the person's situation and goals, etc. (i.e. lives alone and does not have family to care for/(A) upon return home).
- 1 LTG for something that is Occupationally based; write a couple of 2-3 STG based on this LTG.

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3. Create Treatment Plans

Part 1. Continuum – will be 2 treatment plans for your patient; 1 each for different functional levels/treatment settings. These should tie together and show the progression through the levels of care.

Part 2. 1 treatment plan each for 2 patients. They should have different diagnoses and be in different settings/functional levels of care.

Information to include in log or on each treatment plan

- ICE Patient Name and Number
- Create a name and case history/medical record
 - Fictional patient demographics for your created patients
 - H & P style Patient summary
- Treatment setting and environment (i.e. Setting – ICU, treatment environment – seen at bedside or in gym)
- Goals addressed during OT treatment. Include at least 1 LTG & 2-3 STG - either from FW or created by you
- Treatment plan – Treatment sessions planned should be 45-60 minutes in length
 - Patient positioning
 - Therapist positioning
 - Equipment needed
 - A combination of Occupational/Functional Activities and preparatory/simulated activities
 - Justification/explanation of how the treatment activities are addressing the client factors, performance skills, & occupations in the goals you chose.

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